



A Palliative Approach: Compassionate Communities

"Asking For and Accepting Help"

"Recognizing and Offering Help"

Dying2Learn Wheatland

1. *Speakers Series*

Quality and compassionate education for patients, family, and community

2. *Support Groups*

Monthly facilitated gatherings discussing various topics

www.wheatlandhospice.ca

or

watch for community notices

Palliative Navigator

- Early upstream support
- In-home visits with focus on living well now and preparing for transitions as illness advances

Call 403-934-8199

or

Referral forms available at PCN or MD offices

Or

WFCSS/FCSS offices

Bedside Respite Volunteers

- Supports clients and family when dependency and symptoms increase
- Respite Services
- Home or Hospital

Referral by Palliative Home Care RN (community)

or

Strathmore Hospital Acute Care Staff (hospital)

No One Dies Alone

- Bedside vigil as required in final days

Referral by Strathmore Hospital Acute Care Staff

Using an evidence -based community development approach, Wheatland & Area Hospice Society seeks to achieve objectives in three areas:

- Culture (shifting community norms & practice around death and dying)
- Capacity (formal & informal supports around care, dying and loss)
- Compassionate communities (encourage inclusion and development of social care networks)